

# 1st4sport Level 1 Diploma in Work Based Racehorse Care and Riding

Qualification Specification



## About Us

Welcome to 1st4sport, established in 2000, 1st4sport are an industry specialist recognised awarding organisation regulated in England by the Office of the Qualifications and Examinations Regulator (Ofqual), in Wales by Qualifications Wales, and in Northern Ireland by the Council for the Curriculum, Examination and Assessment (CCEA) Regulation.

Serving the needs of the sport, physical activity and active leisure industry; our niche status is emphasised through our accomplished people, network of esteemed industry partnerships and our culture of excellence. We have an outstanding reputation; evidenced through the loyalty we receive from our trusted partners, recognised centres and most importantly our learners.

We have a proven track record; offering of valid, value-added, educational solutions and services and outstanding customer care. Our offer includes sector specific qualifications and pathways, and a range of relevant high-performing educational services; underpinned by leading digital solutions. The majority of these are developed and deployed in partnership with governing bodies of sport and other sector specific professional organisations. More than any other awarding organisation, our knowledge of the industry and our continuous cross-sector network enables us to understand the direction of our sector.

Our involvement in shaping our sector has been significant and we continue to be the awarding organisation that partner and representative organisations turn to for guidance on the direction of travel, as appropriate to the needs of our partners, centres, industry employers and learners.

**Our Mission:** To deliver excellent educational solutions and value-added services to sport, physical activity and the active leisure industry.

**Our Direction:** We aim to support the ongoing professionalisation of our industry; supporting employment, growth, sustainability and success. We embrace performance, participation and health agendas. Our objective is to continue to support our respected partners, providers and learners.

## Qualification Specification

Title:	1st4sport Level 1 Diploma in Work Based Racehorse Care and Riding
Qualification Overview:	Gives learners the knowledge, confidence, and skills to care for and ride horses under supervision and carry out general stable management routines .
Qualification Code:	L1DWBRQ
Qualification Regulation Number:	601/4977/2
Guided Learning Hours (GLH):	508
Total Qualification Time (TQT):	572
Credit Value (if applicable):	56
Operational Start Date:	22/10/2014
Qualification Review Date:	31/08/2025
Learner Registration Period:	1 year
Qualification Objective:	This qualification qualifies learners to care for and ride horses and carry out general stable management routines under supervision.
Qualification Purpose:	Prepare for employment in a specific occupational area.

### Who is this qualification for?

This qualification is designed for individuals who wish to work with racehorses by providing them with the skills and knowledge required to care for and ride horses under supervision, and to carry out general stable management routines.

### Qualification Progression

The learner will also be able to progress onto the 1st4sport Level 2 Diploma in Work Based Racehorse Care.

Achievement of this qualification will help learners progress to the following job roles:

- Stable Staff
- Yard worker

### Entry Requirements

Learners must be a minimum of 14 years old at registration and 14 years old at certification.

## Pre-requisite(s) or other entry requirements

The recognised centre is required to conduct an initial assessment of learners to ensure that pre-requisites to registration and certification and any barriers that may disadvantage a learner under the Equality Act 2010 are considered and outcomes recorded during the application process.

Prior to registration learners are required to:

- be accurately identified
- be at least 14 years of age
- be able to undertake this assessment in English or Welsh (if available)

## Assessment Methods

The assessment methods used in this qualification are:

- Coursework (in 24 of 24 mandatory units),
- Practical Demonstration/Assignment (in 24 of 24 mandatory units)

Reasonable adjustments can be applied to these assessments in line with 1st4sport Policy Statement: Access Arrangements.

## Grading Methods

This qualification will be graded Pass / Fail.

## Qualification Structure

Learners must successfully complete all mandatory units to achieve this qualification.

### Mandatory Units

Unit ID	Unit Title	GLH
M/600/0413	Assist with putting on and taking off horse rugs	18
R/600/0422	Assist with cleaning tack and horse clothing	18
L/600/3089	Principles of putting on and taking off tack	9
D/600/0407	Assist with putting on and taking off tack	27
R/600/3093	Principles of cleaning tack and horse clothing	18
J/600/3091	Principles of putting on and taking off horse rugs	18
T/600/0428	Principles of leading and controlling a horse for inspection under direction	9
H/600/0425	Lead and control a horse for inspection under direction	18
J/600/0434	Principles of catching and moving horses under direction	9
A/600/0432	Catch and move horses under direction	18
A/600/0379	Principles of maintaining good working relations with others	9
J/600/2460	Maintain Health and Safety in the Workplace	27
M/600/0461	Principles of feeding and watering horses	18
A/600/0463	Assist with feeding and watering horses	18
F/600/0464	Principles of cleaning the stables and yard	27
J/600/0465	Assist with cleaning the stables and yard	36
D/502/5653	Principles of grooming and washing horses under direction	9
K/502/5655	Groom and wash horses under direction	27
T/600/2471	Principles of Maintaining Health and Safety in the Workplace	18
D/600/0374	Maintain good working relations with others	18
K/600/0393	Principles of mounting and dismounting quiet horses under supervision	9
R/600/0386	Mount and dismount quiet horses under supervision	18
T/600/0395	Principles of riding quiet racehorses in an enclosed area under supervision	18
T/600/0400	Ride quiet racehorses in an enclosed area under supervision	90

### Optional Units

There are no optional units in this qualification

### Pathway Units (where applicable)

There are no pathway units in this qualification

<b>Unit Title</b>	Assist with putting on and taking off horse rugs
<b>Unit Aim</b>	This unit is about the practical skills to assist with putting on and taking off horse rugs. Although working under supervision, learners should be able to work safely and understand safe working practices.
<b>Unique Unit Number</b>	M/600/0413
<b>Unit Assessment Method(s)</b>	- Coursework - Practical Demonstration/Assignment
<b>Assessment Specification</b>	There are no additional assessment requirements.

### Learning Outcome: 1. be able to assist with putting on and taking off horse rugs

Assessment Criteria The learner can:	Indicative Delivery Content
1.1 put on rugs according to instructions, to include under rugs and top rugs	There is no mandatory content for this criteria
1.2 remove, fold and store rugs according to instructions	There is no mandatory content for this criteria
1.3 report any problems and potential hazards to the appropriate person	There is no mandatory content for this criteria
1.4 adjust rugs under supervision	There is no mandatory content for this criteria

## Learning Outcome: 2. Be able to work safely

Assessment Criteria The learner can:	Indicative Delivery Content
2.1 maintain the health, safety and security of horse, self and others during the work	There is no mandatory content for this criteria

<b>Unit Title</b>	Assist with cleaning tack and horse clothing
<b>Unit Aim</b>	This unit is about the practical skills to assist with cleaning tack and horse clothing. Although working under supervision, learners should be able to work safely and understand safe working practices.
<b>Unique Unit Number</b>	R/600/0422
<b>Unit Assessment Method(s)</b>	- Coursework - Practical Demonstration/Assignment
<b>Assessment Specification</b>	There are no additional assessment requirements.

### Learning Outcome: 1. be able to assist with cleaning tack and horse clothing

Assessment Criteria The learner can:	Indicative Delivery Content
1.1 carry out routine cleaning of tack and horse clothing according to instructions	There is no mandatory content for this criteria
1.2 identify and report faults and defects in tack and horse clothing to the appropriate person	There is no mandatory content for this criteria
1.3 identify and report any hazards to the appropriate person	There is no mandatory content for this criteria

### Learning Outcome: 2. Be able to work safely

Assessment Criteria The learner can:	Indicative Delivery Content
2.1 maintain the health and safety and security of self and others during the work	There is no mandatory content for this criteria





<b>Unit Title</b>	Principles of putting on and taking off tack
<b>Unit Aim</b>	This unit is about having the knowledge and understanding to rug up a horse. It is also about removing and storing rugs.
<b>Unique Unit Number</b>	L/600/3089
<b>Unit Assessment Method(s)</b>	- Coursework - Practical Demonstration/Assignment
<b>Assessment Specification</b>	There are no additional assessment requirements.

**Learning Outcome: 1. Know how to put on and take off tack**

<b>Assessment Criteria</b> The learner can:	<b>Indicative Delivery Content</b>
1.1 State how to recognise if the tack is likely to cause the horse discomfort or be unsafe	
1.2 State how to secure the horse if it needs to be left when tacked up	
1.3 List the parts of the bridle and basic parts of the saddle, and the individual horse's equipment	
1.4 Describe horse identification through colours and markings	
1.5 State how to tack up and un-tack horses	
1.6 State the types of difficulties which may occur and to whom these should be reported	
1.7 State how and where to store tack	

## Learning Outcome: 2. Know how to work safely

Assessment Criteria	Indicative Delivery Content
The learner can:	
2.1 State safety precautions to be taken while tacking up	

<b>Unit Title</b>	Assist with putting on and taking off tack
<b>Unit Aim</b>	This unit is about having the practical skills to assist with putting on and taking off tack and exercise boots. Although working under supervision you should be able to work safely and understand safe working practices.
<b>Unique Unit Number</b>	D/600/0407
<b>Unit Assessment Method(s)</b>	- Coursework - Practical Demonstration/Assignment
<b>Assessment Specification</b>	Tacking up a horse to include: •Simple snaffle •Bridle •Neck strap •Saddle •Numnah •Exercise boots The knowledge and understanding for this unit is supported by Unit L/600/3089 Principles of putting on and taking off tack.

### Learning Outcome: 1. Be able to assist with putting on and taking off tack

Assessment Criteria The learner can:	Indicative Delivery Content
1.1 Identify and approach the horse in a manner which minimises risk, according to instructions	
1.2 Tack up correctly according to instructions	
1.3 Report any difficulties to the appropriate person	
1.4 Remove tack after work and store it in the required place	

### Learning Outcome: 2. Be able to work safely

Assessment Criteria The learner can:	Indicative Delivery Content
2.1 Maintain the health and safety and welfare of the horse, self and others during the work	



<b>Unit Title</b>	Principles of cleaning tack and horse clothing
<b>Unit Aim</b>	This unit is about having the knowledge and understanding to clean tack and horse clothing. It also includes checking tack for safety.
<b>Unique Unit Number</b>	R/600/3093
<b>Unit Assessment Method(s)</b>	- Coursework - Practical Demonstration/Assignment
<b>Assessment Specification</b>	There are no additional assessment requirements.

**Learning Outcome: 1. Know how to clean tack and horse clothing**

<b>Assessment Criteria</b> The learner can:	<b>Indicative Delivery Content</b>
1.1 State the dangers of unsafe stitching or damaged tack	
1.2 Give the reasons for regular cleaning of tack and clothing	
1.3 State the problems vermin may cause when storing tack	
1.4 State how to store clothing and tack	
1.5 Identify the basic parts of the saddle and bridle	
1.6 State how to carry out routine cleaning of tack and clothing	
1.7 State how to use cleaning equipment	

**Learning Outcome: 2. Know how to work safely**

Assessment Criteria	Indicative Delivery Content
The learner can:	
2.1 Describe health and safety requirements within the workplace	

<b>Unit Title</b>	Principles of putting on and taking off horse rugs
<b>Unit Aim</b>	This unit is about having the knowledge and understanding to rug up a horse. It is also about removing and storing rugs.
<b>Unique Unit Number</b>	J/600/3091
<b>Unit Assessment Method(s)</b>	- Coursework - Practical Demonstration/Assignment
<b>Assessment Specification</b>	There are no additional assessment requirements.

Learning Outcome: 1. Know how to put on and take off horse rugs	
Assessment Criteria	Indicative Delivery Content
The learner can:	
1.1 State the potential hazards when using rugs with leg straps	
1.2 Give the reasons for ensuring the rugs are applied correctly	
1.3 State the procedure to follow if rugs slip	
1.4 State how to apply and remove a horse rug	
1.5 State how to fold and store rugs	
1.6 State the types of problems which may occur and to whom they should be reported	



**Learning Outcome: 2. Know how to work safely**

Assessment Criteria	Indicative Delivery Content
The learner can:	
2.1 State safety precautions to be taken whilst putting on and taking off horse rugs	

<b>Unit Title</b>	Principles of leading and controlling a horse for inspection under direction
<b>Unit Aim</b>	This unit is about having the knowledge and understanding of how to stand up, lead and control a horse under direction. It also includes selecting and using suitable tack and equipment.
<b>Unique Unit Number</b>	T/600/0428
<b>Unit Assessment Method(s)</b>	- Coursework - Practical Demonstration/Assignment
<b>Assessment Specification</b>	There are no additional assessment requirements.

**Learning Outcome: 1. Know the principles of leading and controlling a horse for inspection**

<b>Assessment Criteria</b> The learner can:	<b>Indicative Delivery Content</b>
1.1 State when it is necessary to control horses and describe the potential dangers involved	
1.2 State the reasons for safety procedures and identify protective clothing	
1.3 Identify precautions to be taken when controlling horses	
1.4 Describe the methods for controlling the horse	
1.5 Describe the correct use of tack	
1.6 State the types of inspection and healthcare procedures which are used	

**Learning Outcome: 2. Know the relevant health and safety legislation and environmental good practice**

Assessment Criteria	Indicative Delivery Content
The learner can:	
2.1 Outline the current health and safety legislation, codes of practice and any additional requirements	

**Learning Outcome: 3. Know the types of equipment required and how to maintain them**

Assessment Criteria	Indicative Delivery Content
The learner can:	
3.1 Describe the equipment which will be required for the activity	
3.2 Describe the methods of maintaining the range of equipment ready for use	

<b>Unit Title</b>	Lead and control a horse for inspection under direction
<b>Unit Aim</b>	This unit is about having the practical skills to stand up, lead and control a horse under direction. You should be able to select and fit suitable tack and equipment. Although working under direction you should be able to work safely and understand safe working practices.
<b>Unique Unit Number</b>	H/600/0425
<b>Unit Assessment Method(s)</b>	- Coursework - Practical Demonstration/Assignment
<b>Assessment Specification</b>	There are no additional assessment requirements.

### Learning Outcome: 1. Be able to lead and control a horse for inspection

Assessment Criteria The learner can:	Indicative Delivery Content
1.1 Maintain control of the horse by using suitable tack and control techniques including with a head collar and bridle	
1.2 Move the horse for health and soundness inspections according to instructions	
1.3 Lead and control the horse in accordance with instructions	
1.4 Wear the appropriate protective clothing	

### Learning Outcome: 2. Be able to select, use and maintain relevant equipment

Assessment Criteria	Indicative Delivery Content
The learner can:	
2.1 Select appropriate equipment for this area of work	
2.2 Prepare, maintain and store equipment in a safe and effective working condition	

### Learning Outcome: 3. Be able to work safely

Assessment Criteria	Indicative Delivery Content
The learner can:	
3.1 Work in a way which maintains health and safety and security of horse, self and others during work which is consistent with relevant legislation, codes of practice and any additional requirements	

<b>Unit Title</b>	Principles of catching and moving horses under direction
<b>Unit Aim</b>	This unit is about having the knowledge and understanding of how to catch and move horses, including turning out and catching up from paddocks.
<b>Unique Unit Number</b>	J/600/0434
<b>Unit Assessment Method(s)</b>	- Coursework - Practical Demonstration/Assignment
<b>Assessment Specification</b>	There are no additional assessment requirements.

**Learning Outcome: 1. Know the principles of catching and moving horses under direction**

<b>Assessment Criteria</b> The learner can:	<b>Indicative Delivery Content</b>
1.1 Describe the correct method of handling horses	
1.2 Describe how to identify horses including basic external points of the horse, colours and markings	
1.3 State the importance of approaching horses in a calm, safe manner which promotes confidence	
1.4 Describe how to move horses safely and correctly	
1.5 Describe how to establish horses in the new location	
1.6 Describe how to check that the area is safe and secure	

**Learning Outcome: 2. Know the types of equipment required and how to maintain them**

Assessment Criteria	Indicative Delivery Content
The learner can:	
2.1 Describe the equipment that will be required for the activity	
2.2 Describe the methods of maintaining the range of equipment in a fit state for use	

**Learning Outcome: 3. Know the relevant health and safety legislation and environmental good practice**

Assessment Criteria	Indicative Delivery Content
The learner can:	
3.1 Outline the current health and safety legislation, codes of practice and any additional requirements	

<b>Unit Title</b>	Catch and move horses under direction
<b>Unit Aim</b>	This unit is about the routine catching and moving of horses, including turning out and catching up from paddocks. Although working under direction you should be able to work safely and understand safe working practices.
<b>Unique Unit Number</b>	A/600/0432
<b>Unit Assessment Method(s)</b>	- Coursework - Practical Demonstration/Assignment
<b>Assessment Specification</b>	There are no additional assessment requirements.

### Learning Outcome: 1. Be able to catch and move horses

Assessment Criteria The learner can:	Indicative Delivery Content
1.1 Check the enclosure for safety and security of the horses and report to the appropriate person	
1.2 Approach and catch the horses in a manner which minimises risk	
1.3 Identify horses to be moved and remove carefully from the enclosure using an appropriate method	
1.4 Move horses to the required enclosure maintaining health, safety and welfare	
1.5 Re-establish horse in the required enclosure	



### Learning Outcome: 2. Be able to select, use and maintain relevant equipment

Assessment Criteria	Indicative Delivery Content
The learner can:	
2.1 Select appropriate equipment for this area of work	
2.2 Prepare, maintain and store equipment in a safe and effective working condition	

### Learning Outcome: 3. Be able to work safely

Assessment Criteria	Indicative Delivery Content
The learner can:	
3.1 Work in a way which maintains health and safety and security of horse, self and others during work which is consistent with relevant legislation, codes of practice and any additional requirements	

<b>Unit Title</b>	Principles of maintaining good working relations with others
<b>Unit Aim</b>	This unit is about establishing and maintaining good working relations with others. This includes working with colleagues as well as visitors to the workplace.
<b>Unique Unit Number</b>	A/600/0379
<b>Unit Assessment Method(s)</b>	- Coursework - Practical Demonstration/Assignment
<b>Assessment Specification</b>	There are no additional assessment requirements.

**Learning Outcome: 1. Know the principals of maintaining good working relations with others**

<b>Assessment Criteria</b> The learner can:	<b>Indicative Delivery Content</b>
1.1 State how to communicate effectively with others	
1.2 State the roles and responsibilities of the people within the organisation	
1.3 Describe the advantage of effective teamwork	
1.4 Explain why visitors should be dealt with courteously	
1.5 Describe the need for security within the workplace	
1.6 Outline the reasons why personal progress should be reviewed and with whom	
1.7 Explain why any unresolved difficulties are referred to the appropriate person	

**Learning Outcome: 2. Know relevant health and safety legislation and environmental good practice**

<b>Assessment Criteria</b> The learner can:	<b>Indicative Delivery Content</b>
2.1 Outline the current health and safety legislation, codes of practice and any additional requirements	

<b>Unit Title</b>	Maintain Health and Safety in the Workplace
<b>Unit Aim</b>	This unit is about having the knowledge and understanding in relation to the important areas of health and safety in the workplace. This includes how to recognise and report hazards, comply with legislation and codes of practice, use equipment safely, report accidents, wear the correct clothing for the job, use safe lifting techniques and dispose of waste.
<b>Unique Unit Number</b>	J/600/2460
<b>Unit Assessment Method(s)</b>	- Coursework - Practical Demonstration/Assignment
<b>Assessment Specification</b>	There are no additional assessment requirements.

**Learning Outcome: 1. Be able to maintain health and safety in the workplace**

<b>Assessment Criteria</b> The learner can:	<b>Indicative Delivery Content</b>
1.1 Recognise hazards and report them to the appropriate person	
1.2 Keep your own work area tidy at all times	
1.3 Report accidents promptly and in accordance with legal and organisational policy	
1.4 Wear clothing which is consistent with good health and safety practice	
1.5 Use safe techniques for lifting or moving heavy and awkward items	

### Learning Outcome: 2. Be able to select, use and maintain relevant equipment

Assessment Criteria	Indicative Delivery Content
The learner can:	
2.1 Select appropriate equipment for this area of work	
2.2 Use equipment according to relevant legislation and manufacturer's instructions	
2.3 Prepare, maintain and store equipment in a safe and effective working condition	

### Learning Outcome: 3. Be able to work safely and minimise environmental damage

Assessment Criteria	Indicative Delivery Content
The learner can:	
3.1 Work in a way which maintains health, safety and security of horse, self and others during work; consistent with relevant legislation, codes of practice and any additional requirements	
3.2 Carry out work in a manner which minimises environmental damage	
3.3 Dispose of waste safely and correctly	

<b>Unit Title</b>	Principles of feeding and watering horses
<b>Unit Aim</b>	This unit is about having the knowledge and understanding of how to provide food and water to stabled and grass kept horses.
<b>Unique Unit Number</b>	M/600/0461
<b>Unit Assessment Method(s)</b>	- Coursework - Practical Demonstration/Assignment
<b>Assessment Specification</b>	There are no additional assessment requirements.

**Learning Outcome: 1. Know how to provide feed and water to stabled and grazing horses**

<b>Assessment Criteria</b> The learner can:	<b>Indicative Delivery Content</b>
1.1 Describe methods of feeding and watering horses throughout the year	
1.2 State the normal feeding habits of horses and why it is important to report any changes	
1.3 List the types of changes in horses' feeding habits which may occur	
1.4 State how equipment should be cleaned, maintained and stored	
1.5 State the hygiene requirements of horses, self and others	
1.6 State changes in horses' behaviour at feeding time and safety awareness	

## Learning Outcome: 2. Know how to work safely

Assessment Criteria	Indicative Delivery Content
The learner can:	
2.1 State the health and safety policy, and own responsibility under health and safety legislation	
2.2 State how waste should be disposed of	
2.3 State health and safety practice when feeding, including groups of loose horses	

<b>Unit Title</b>	Assist with feeding and watering horses
<b>Unit Aim</b>	This unit is about having the practical skills to assist with feeding and watering stabled and grass kept horses. Although working under supervision you should be able to work safely and understand safe working practices.
<b>Unique Unit Number</b>	A/600/0463
<b>Unit Assessment Method(s)</b>	- Coursework - Practical Demonstration/Assignment
<b>Assessment Specification</b>	There are no additional assessment requirements.

**Learning Outcome: 1. Be able to assist with providing feed and water for stabled and grazing horses**

<b>Assessment Criteria</b> The learner can:	<b>Indicative Delivery Content</b>
1.1 Feed horses according to instructions, to include both forage and concentrate	
1.2 Supply horses with water using the correct sources, system and quantities	
1.3 Report any changes in the feeding and drinking habits of horse to the appropriate person	
1.4 Clean and replace equipment, ensuring it is ready for use	



## Learning Outcome: 2. Be able to work safely

Assessment Criteria	Indicative Delivery Content
The learner can:	
2.1 Dispose of waste from feeding safely and correctly	
2.2 Maintain the health and safety of horses, self and others	
2.3 Correctly identify and report any hazards to the appropriate person	

<b>Unit Title</b>	Principles of cleaning the stables and yard
<b>Unit Aim</b>	This unit is about having the knowledge and understanding to clean stables and yard, including mucking out and bedding down.
<b>Unique Unit Number</b>	F/600/0464
<b>Unit Assessment Method(s)</b>	- Coursework - Practical Demonstration/Assignment
<b>Assessment Specification</b>	There are no additional assessment requirements.

### Learning Outcome: 1. Know how to clean stables and yard

Assessment Criteria The learner can:	Indicative Delivery Content
1.1 State the horses' basic welfare requirements and how to maintain their health and wellbeing	
1.2 List the types of bedding used in stables to maintain horses' health and well-being	
1.3 State how to handle horses and tie horses up safely and securely	
1.4 List the types of equipment used when cleaning stables and describe how to use and store them correctly	
1.5 Give reasons for personal hygiene as it applies to working on the yard	
1.6 State reporting procedures and to whom faults and defects should be reported	

## Learning Outcome: 2. Know how to work safely

Assessment Criteria	Indicative Delivery Content
The learner can:	
2.1 State own responsibilities under animal welfare and health and safety legislation	
2.2 List types of hazards that may be present in stables and yard and state how these should be removed or controlled	
2.3 State health and safety implications associated with drains and muck heaps and how to dispose of waste safely and correctly	
2.4 State the correct use of disinfectants and legislative requirements that apply to their use	
2.5 State the procedures in icy and adverse weather conditions	

<b>Unit Title</b>	Assist with cleaning the stables and yard
<b>Unit Aim</b>	This unit is about having the practical skills to assist with mucking out and bedding down. It also involves sweeping up, and cleaning of feeding and watering equipment. Although working under supervision you should be able to work safely and understand safe working practices.
<b>Unique Unit Number</b>	J/600/0465
<b>Unit Assessment Method(s)</b>	- Coursework - Practical Demonstration/Assignment
<b>Assessment Specification</b>	There are no additional assessment requirements.

### Learning Outcome: 1. Be able to assist with cleaning stables

Assessment Criteria The learner can:	Indicative Delivery Content
1.1 Tie the horse up safely and securely	
1.2 Clean stables to include skip out, full muck out and disinfection	
1.3 Dispose of waste according to instructions	
1.4 Select bedding and bed down according to instructions	
1.5 Replace water and food containers when cleaning is complete	
1.6 Replace equipment according to instructions	

### Learning Outcome: 2. Assist with cleaning the yard

Assessment Criteria The learner can:	Indicative Delivery Content
2.1 Keep the yard clean and maintain the muck area in accordance with instructions	
2.2 Clean surface drains to ensure the free flow of excess water	
2.3 Report faults and defects immediately to the appropriate person	

### Learning Outcome: 3. Be able to work safely

Assessment Criteria The learner can:	Indicative Delivery Content
3.1 Maintain the health and safety and welfare of horses, self and others	
3.2 Correctly identify and report any hazards to the appropriate person	
3.3 Select, check and use equipment correctly	

<b>Unit Title</b>	Principles of grooming and washing horses under direction
<b>Unit Aim</b>	This unit is about having the knowledge and understanding to groom and wash horses before and after exercise. It includes washing and sponging off.
<b>Unique Unit Number</b>	D/502/5653
<b>Unit Assessment Method(s)</b>	- Coursework - Practical Demonstration/Assignment
<b>Assessment Specification</b>	There are no additional assessment requirements.

### Learning Outcome: 1. Know how to groom and wash horses

Assessment Criteria The learner can:	Indicative Delivery Content
1.1 Describe the dangers of a dusty environment.	
1.2 Describe the dangers of wearing perfume and jewellery.	
1.3 Describe the different types of grooming techniques and when to use them.	
1.4 Describe importance of drying legs after washing	
1.5 Describe different grooming requirements of stabled and grass kept horses	
1.6 State the reasons why changes in the condition of the shoes (e.g. loose, lost, damaged) must be reported.	
1.7 Identify the items of the grooming kit.	

**Learning Outcome: 2. Know the types of equipment required and how to maintain them.**

Assessment Criteria	Indicative Delivery Content
The learner can:	
2.1 Describe the equipment which will be required for the activity and are commonly used	
2.2 Describe the methods of maintaining the range of equipment in a fit state for use.	

**Learning Outcome: 3. Know relevant health and safety legislation and environmental good practice.**

Assessment Criteria	Indicative Delivery Content
The learner can:	
3.1 Outline the current health and safety legislation, codes of practice and any additional requirements.	
3.2 Describe how environmental damage can be minimised.	
3.3 Describe the correct methods for disposing of organic and inorganic waste.	

<b>Unit Title</b>	Groom and wash horses under direction
<b>Unit Aim</b>	This unit is about grooming, washing and sponging horses off prior to and after exercise, under direction. Although working under direction you should be able to work safely and understand safe working practices.
<b>Unique Unit Number</b>	K/502/5655
<b>Unit Assessment Method(s)</b>	- Coursework - Practical Demonstration/Assignment
<b>Assessment Specification</b>	There are no additional assessment requirements.

### Learning Outcome: 1. Be able to groom and wash horses

Assessment Criteria The learner can:	Indicative Delivery Content
1.1 Wash feet and legs according to the approved method	There is no mandatory content for this criteria
1.2 Wash tail according to the approved method	There is no mandatory content for this criteria
1.3 Sponge the horse down in accordance with instructions	There is no mandatory content for this criteria
1.4 Groom the horse ready for exercise	There is no mandatory content for this criteria
1.5 Groom the horse after exercise	There is no mandatory content for this criteria
1.6 Report concerns regarding changes in the condition of the shoes to the appropriate person	There is no mandatory content for this criteria
1.7 Identify and report hazards to the appropriate person	There is no mandatory content for this criteria



### Learning Outcome: 2. Be able to select, use and maintain relevant equipment

Assessment Criteria	Indicative Delivery Content
The learner can:	
2.1 Select and use grooming or other appropriate equipment according to instruction	There is no mandatory content for this criteria
2.2 Prepare, maintain and store grooming or other appropriate equipment correctly after use to ensure that equipment is in a safe and effective working condition.	There is no mandatory content for this criteria

### Learning Outcome: 3. Be able to work safely

Assessment Criteria	Indicative Delivery Content
The learner can:	
3.1 Work in a way which maintains health and safety and security of horse, self and others during work which is consistent with relevant legislation, codes of practice and any additional requirements	There is no mandatory content for this criteria

<b>Unit Title</b>	Principles of Maintaining Health and Safety in the Workplace
<b>Unit Aim</b>	This unit is about having the knowledge and understanding in relation to the important areas of health and safety in the workplace. This includes how to recognise and report hazards, comply with legislation and codes of practice, use equipment safely, report accidents, wear the correct clothing for the job, use safe lifting techniques and dispose of waste.
<b>Unique Unit Number</b>	T/600/2471
<b>Unit Assessment Method(s)</b>	- Coursework - Practical Demonstration/Assignment
<b>Assessment Specification</b>	There are no additional assessment requirements.

**Learning Outcome: 1. Know the principles of maintaining health and safety in the workplace**

<b>Assessment Criteria</b> The learner can:	<b>Indicative Delivery Content</b>
1.1 Identify the types of hazards which may be present and to whom these should be reported	There is no mandatory content for this criteria
1.2 Describe fire and accident procedures	There is no mandatory content for this criteria
1.3 Describe safe lifting and handling techniques	There is no mandatory content for this criteria
1.4 Describe methods of minimising the contamination of edible materials when moving them around the work area	There is no mandatory content for this criteria
1.5 Describe methods of stacking materials safely	There is no mandatory content for this criteria

### Learning Outcome: 2. Know relevant health and safety legislation and environmental good practice

Assessment Criteria The learner can:	Indicative Delivery Content
2.1 Outline the current health and legislation, codes of practice and any additional requirements	There is no mandatory content for this criteria
2.2 Describe how environmental damage can be minimised	There is no mandatory content for this criteria
2.3 Describe the correct methods for disposing of waste	There is no mandatory content for this criteria

### Learning Outcome: 3. Know the types of equipment required and how to maintain them

Assessment Criteria The learner can:	Indicative Delivery Content
3.1 Describe the equipment which will be required for the activity	There is no mandatory content for this criteria
3.2 Describe the methods of maintaining the range of equipment in a fit state for use	There is no mandatory content for this criteria

<b>Unit Title</b>	Maintain good working relations with others
<b>Unit Aim</b>	This unit is about establishing and maintaining good working relations with others. This includes working with colleagues as well as visitors to the workplace.
<b>Unique Unit Number</b>	D/600/0374
<b>Unit Assessment Method(s)</b>	- Coursework - Practical Demonstration/Assignment
<b>Assessment Specification</b>	There are no additional assessment requirements.

Learning Outcome: 1. Be able to maintain good working relations with others	
Assessment Criteria The learner can:	Indicative Delivery Content
1.1 Communicate effectively with others	There is no mandatory content for this criteria
1.2 Greet and assist visitors courteously	There is no mandatory content for this criteria
1.3 Take part in reviews of your progress with the appropriate person and at suitable intervals	There is no mandatory content for this criteria
1.4 Seek advice and clarification if there are aspects of your work which are unclear	There is no mandatory content for this criteria

**Learning Outcome: 2. Be able to work safely and minimise environmental damage**

<b>Assessment Criteria</b> The learner can:	<b>Indicative Delivery Content</b>
2.1 Work in a way which maintains health and safety and security of horse, self and others during work which is consistent with relevant legislation, codes of practice and any additional requirements	There is no mandatory content for this criteria

<b>Unit Title</b>	Principles of mounting and dismounting quiet horses under supervision
<b>Unit Aim</b>	This unit is about having the knowledge and understanding to mount and dismount quiet horses under supervision.
<b>Unique Unit Number</b>	K/600/0393
<b>Unit Assessment Method(s)</b>	- Coursework - Practical Demonstration/Assignment
<b>Assessment Specification</b>	There are no additional assessment requirements.

**Learning Outcome: 1. Know why it is important to be able to mount and dismount quiet horses**

<b>Assessment Criteria</b> The learner can:	<b>Indicative Delivery Content</b>
1.1 State how to recognise discomfort in horses associated with mounting and dismounting	There is no mandatory content for this criteria
1.2 State safety considerations when mounting and dismounting	There is no mandatory content for this criteria
1.3 Describe the necessary preparations for mounting including checking the girth and pulling down stirrups	There is no mandatory content for this criteria
1.4 State the effect on the horse of mounting and dismounting	There is no mandatory content for this criteria

### Learning Outcome: 2. Know the types of equipment required and how to maintain them

Assessment Criteria	Indicative Delivery Content
The learner can:	
2.1 Describe the use and care of personal protective equipment, including hats and boots	There is no mandatory content for this criteria
2.2 Describe the methods of maintaining the range of equipment in a fit state for use	There is no mandatory content for this criteria

### Learning Outcome: 3. Know relevant health and safety legislation and environmental good practice

Assessment Criteria	Indicative Delivery Content
The learner can:	
3.1 Outline the current health and safety legislation, codes of practice and any additional requirements	There is no mandatory content for this criteria

<b>Unit Title</b>	Mount and dismount quiet horses under supervision
<b>Unit Aim</b>	This unit is about the basic skill of mounting and dismounting a horse, checking girths and stirrups and preparing for riding the horse. Although working under supervision you should be able to work safely and understand safe working practices.
<b>Unique Unit Number</b>	R/600/0386
<b>Unit Assessment Method(s)</b>	- Coursework - Practical Demonstration/Assignment
<b>Assessment Specification</b>	There are no additional assessment requirements.

**Learning Outcome: 1. Be able to mount and dismount quiet horses under supervision**

<b>Assessment Criteria</b> The learner can:	<b>Indicative Delivery Content</b>
1.1 Identify, select and fit personal protective equipment according to instructions prior to mounting a horse	There is no mandatory content for this criteria
1.2 Identify and lead the horse to the required area calmly and safely	There is no mandatory content for this criteria
1.3 Carry out the appropriate safety checks on tack and equipment, including checking the girth and pulling down stirrups	There is no mandatory content for this criteria
1.4 Mount and dismount under supervision, according to instructions and without causing discomfort to the horse	There is no mandatory content for this criteria



**Learning Outcome: 2. Be able to work safely**

<b>Assessment Criteria</b> The learner can:	<b>Indicative Delivery Content</b>
2.1 Work in a way which maintains health and safety and security of horse, self and others during work which is consistent with relevant legislation, codes of practice and any additional requirements	There is no mandatory content for this criteria

<b>Unit Title</b>	Principles of riding quiet racehorses in an enclosed area under supervision
<b>Unit Aim</b>	This unit is about having the knowledge and understanding to ride quiet racehorses under supervision. All riding should take place in an enclosed area.
<b>Unique Unit Number</b>	T/600/0395
<b>Unit Assessment Method(s)</b>	- Coursework - Practical Demonstration/Assignment
<b>Assessment Specification</b>	There are no additional assessment requirements.

### Learning Outcome: 1. Know why it is important to be able to ride quiet racehorses in an enclosed area

Assessment Criteria The learner can:	Indicative Delivery Content
1.1 State why it is important to adjust girths and stirrups	There is no mandatory content for this criteria
1.2 State reasons for adopting a suitable riding position	There is no mandatory content for this criteria
1.3 Describe the basic principles of controlling a horse	There is no mandatory content for this criteria
1.4 Describe hazards likely to be encountered when riding in an enclosed area and how these must be minimised	There is no mandatory content for this criteria

### Learning Outcome: 2. Know relevant health and safety legislation and environmental good practice

Assessment Criteria The learner can:	Indicative Delivery Content
2.1 Outline the current health and safety legislation, codes of practice and any additional requirements	There is no mandatory content for this criteria



<b>Unit Title</b>	Ride quiet racehorses in an enclosed area under supervision
<b>Unit Aim</b>	This unit is about the basic skill of riding a quiet racehorse in walk trot and canter in an enclosed area under supervision. Although working under direction you should be able to work safely and understand safe working practices.
<b>Unique Unit Number</b>	T/600/0400
<b>Unit Assessment Method(s)</b>	- Coursework - Practical Demonstration/Assignment
<b>Assessment Specification</b>	There are no additional assessment requirements.

### Learning Outcome: 1. Know why it is important to be able to ride quiet racehorses in an enclosed area

Assessment Criteria The learner can:	Indicative Delivery Content
1.1 State why it is important to adjust girths and stirrups	There is no mandatory content for this criteria
1.2 State reasons for adopting a suitable riding position	There is no mandatory content for this criteria
1.3 Describe the basic principles of controlling a horse	There is no mandatory content for this criteria
1.4 Describe hazards likely to be encountered when riding in an enclosed area and how these must be minimised	There is no mandatory content for this criteria

### Learning Outcome: 2. Know relevant health and safety legislation and environmental good practice

Assessment Criteria The learner can:	Indicative Delivery Content
2.1 Outline the current health and safety legislation, codes of practice and any additional requirements	There is no mandatory content for this criteria



## Qualification Conditions: Delivery and assessment requirements

To complete the delivery, assessment, and internal quality assurance of the qualification, providers will be required to adhere to the guidance set out in the Recognised Centre Handbook.

## Qualification Approval Conditions: Workforce requirements

In addition to the workforce requirements stated in the Recognised Centre Handbook, the following qualification specific requirements must be met and evidenced.

### Tutor(s):

For this qualification, the minimum requirements stated in the centre handbook do not apply. Centres must ensure that all workforce meet the requirements stated below.

The recognised centre is required to recruit and deploy a minimum of one BHA-approved tutor who is required to:

- have up-to-date technical and occupational competence in basic horse care eg. working directly with horses
- be deemed more occupationally competent than the learner(s) they tutor

Tutors must attend an induction into the qualification before they can tutor it. It is expected that the recognised centre will provide this training.

Tutors must declare any conflict of interest they may have at a centre to allow this to be appropriately managed.

### Assessor(s):

For this qualification, the minimum requirements stated in the centre handbook do not apply. Centres must ensure that all workforce meet the requirements stated below.

The recognised centre is required to recruit and deploy a minimum of one BHA-approved assessor who is required to:

- have up-to-date technical and occupational competence in basic horse care eg. working directly with horses
- be deemed more occupationally competent than the learner(s) they assess

Assessors must attend an induction into the qualification before they can assess it. It is expected that the recognised centre will provide this training.

Assessors must declare any conflict of interest they may have at a centre to allow this to be appropriately managed.

### Internal Verifier(s) and Quality Assurer(s):

For this qualification, the minimum requirements stated in the centre handbook do not apply. Centres must ensure that all workforce meet the requirements stated below. The recognised centre is required to recruit and deploy a minimum of one BHA-approved internal verifier who is required to:

- have up-to-date occupational competence in basic horse care eg. working directly with horses
- be deemed more occupationally competent than the learner(s) they are quality assuring

Internal verifiers must attend an induction into the qualification before they can quality assure it. It is expected that the recognised centre will provide this training.

### Additional Qualification Requirements

This qualification is regulated by Ofqual (601/4977/2), CCEA and QiW (C00/1300/2 - Regulated).

---

UK Coaching

2 City Walk

Leeds

LS11 9AR

T: 0113 274 4802

E: [centreservices@1st4sportqualifications.com](mailto:centreservices@1st4sportqualifications.com)

[www.1st4sport.com](http://www.1st4sport.com)