

# 1st4sport Level 2 Certificate in Snooker Coaching

Qualification Specification



## About Us

Welcome to 1st4sport, established in 2000, 1st4sport are an industry specialist recognised awarding organisation regulated in England by the Office of the Qualifications and Examinations Regulator (Ofqual), in Wales by Qualifications Wales, and in Northern Ireland by the Council for the Curriculum, Examination and Assessment (CCEA) Regulation.

Serving the needs of the sport, physical activity and active leisure industry; our niche status is emphasised through our accomplished people, network of esteemed industry partnerships and our culture of excellence. We have an outstanding reputation; evidenced through the loyalty we receive from our trusted partners, recognised centres and most importantly our learners.

We have a proven track record; offering of valid, value-added, educational solutions and services and outstanding customer care. Our offer includes sector specific qualifications and pathways, and a range of relevant high-performing educational services; underpinned by leading digital solutions. The majority of these are developed and deployed in partnership with governing bodies of sport and other sector specific professional organisations. More than any other awarding organisation, our knowledge of the industry and our continuous cross-sector network enables us to understand the direction of our sector.

Our involvement in shaping our sector has been significant and we continue to be the awarding organisation that partner and representative organisations turn to for guidance on the direction of travel, as appropriate to the needs of our partners, centres, industry employers and learners.

**Our Mission:** To deliver excellent educational solutions and value-added services to sport, physical activity and the active leisure industry.

**Our Direction:** We aim to support the ongoing professionalisation of our industry; supporting employment, growth, sustainability and success. We embrace performance, participation and health agendas. Our objective is to continue to support our respected partners, providers and learners.

## Qualification Specification

Title:	1st4sport Level 2 Certificate in Snooker Coaching
Qualification Overview:	Prepares learners for employment as a snooker coach . This product is mapped against the Coach (Occupation) Professional Standards as a CIMSPA Professional Standards Endorsed Qualification.
Qualification Code:	L2CSNKC
Qualification Regulation Number:	603/1047/9
Guided Learning Hours (GLH):	40
Total Qualification Time (TQT):	134
Credit Value (if applicable):	Not applicable
Operational Start Date:	01/03/2017
Qualification Review Date:	31/10/2025
Learner Registration Period:	3 years
Qualification Objective:	This qualification qualifies learners to become a snooker coach.
Qualification Purpose:	Prepare for employment in a specific occupational area.

### Who is this qualification for?

The qualification is designed for those who wish to become involved in snooker as an independent coach, and wish to take responsibility for the ongoing development of participants and the growth of the sport locally, regionally or nationally

### Qualification Progression

Holders of this qualification are able to progress onto the 1st4sport Level 3 Certificate in Advanced Snooker Coaching (once developed and made available), which is designed to develop in the learner the necessary skills, knowledge and experience to coach more advanced snooker players, perhaps those individuals at a semi-professional or professional level of the game.

The skills and knowledge developed may be used to enable learners to progress to other industry-relevant qualifications in coaching sport, activity leadership, supporting PE in school sport and sports development.

This qualification may lead to paid employment or unpaid voluntary roles in coaching snooker, either working independently or as part of a coaching team. Other roles the learner may consider exploring include Activity Leader, Official and Sports Volunteer.

## Entry Requirements

Learners must be a minimum of 17 years old at registration and 18 years old at certification.

## Pre-requisite(s) or other entry requirements

The recognised centre is required to conduct an initial assessment of learners to ensure that pre-requisites to registration and certification and any barriers that may disadvantage a learner under the Equality Act 2010 are considered and outcomes recorded during the application process.

Prior to registration learners are required to:

- be accurately identified
- be at least 17 years of age
- be able to undertake this assessment in English or Welsh (if available)

## Assessment Methods

The assessment methods used in this qualification are:

- Coursework (in 5 of 5 mandatory units),
- Practical Demonstration/Assignment (in 5 of 5 mandatory units)

Reasonable adjustments can be applied to these assessments in line with 1st4sport Policy Statement: Access Arrangements.

## Grading Methods

This qualification will be graded Pass / Fail.

## Qualification Structure

Learners must successfully complete all mandatory units to achieve this qualification.

### Mandatory Units

Unit ID	Unit Title	GLH
Y/615/4758	Review a series of coaching lessons in snooker	5
J/615/4755	The role of the coach in snooker	17
L/615/4756	Plan a series of coaching lessons in snooker	5
R/615/4757	Deliver a series of coaching lessons in snooker	6
D/615/4759	Technical coaching requirements for snooker coaches	7

### Optional Units

There are no optional units in this qualification

### Pathway Units (where applicable)

There are no pathway units in this qualification

<b>Unit Title</b>	Review a series of coaching lessons in snooker
<b>Unit Aim</b>	This unit assesses a coach's ability to review a series of snooker coaching lessons that meet the needs of participants. The series of snooker coaching lessons reviewed will be linked and progressive in nature in order to develop participants' performance within snooker.
<b>Unique Unit Number</b>	Y/615/4758
<b>Unit Assessment Method(s)</b>	- Coursework - Practical Demonstration/Assignment
<b>Assessment Specification</b>	Learners are required to complete a series of assessed tasks within their learner portfolio. These are set by 1st4sport and assessed by their Assessor. The learner is required to review each session within each series.

## Learning Outcome: 1. be able to review a series of snooker coaching lessons

Assessment Criteria The learner can:	Indicative Delivery Content
1.1 review participants' performance	<ul style="list-style-type: none"> <li>• Measure participant development</li> <li>• use a variety of evaluation methods that can be used to monitor participant(s') development and learning</li> </ul>
1.2 analyse own coaching practice	<ul style="list-style-type: none"> <li>• Understand the principles of self-reflection</li> <li>• identify personal development needs</li> <li>• gain valid feedback on own performance from participants and others</li> <li>• take responsibility for own development</li> <li>• access continuing personal development (CPD) and develop a personal action plan and mentoring opportunities</li> <li>• participate in continual review</li> <li>• identify career progressions in the sport and the role of others</li> <li>• use of the White-Black system created by the WPBSA</li> </ul>
1.3 apply the review of coaching lessons to future planning	<ul style="list-style-type: none"> <li>• Review and evaluate the lesson, using the views of participants and others, and using it to impact on future lessons</li> <li>• agree the outcomes of the review with participants and others, advise them on their development needs and adapt future lessons to reflect needs</li> </ul>
1.4 review the effectiveness of the series of snooker coaching lessons	<ul style="list-style-type: none"> <li>• Review the overall aims and goals of the programme and progress made towards these</li> <li>• use a variety of evaluation methods that can be used to monitor participant(s') development and learning</li> <li>• measure the quality of the coaching experience</li> <li>• measure participant development</li> </ul>

<b>Unit Title</b>	The role of the coach in snooker
<b>Unit Aim</b>	This unit assesses a coach's understanding of their role and responsibilities and the roles of others, ensuring that their coaching is safe, appropriate and inclusive.
<b>Unique Unit Number</b>	J/615/4755
<b>Unit Assessment Method(s)</b>	- Coursework - Practical Demonstration/Assignment
<b>Assessment Specification</b>	Learners are required to complete a series of assessed tasks within their learner portfolio. These are set by 1st4sport and assessed by their assessor.

**Learning Outcome: 1. understand the role of the coach leading a lesson in snooker**

<b>Assessment Criteria</b> The learner can:	<b>Indicative Delivery Content</b>
1.1 describe the role	<ul style="list-style-type: none"> <li>• The role of the fully independent snooker coach, its boundaries and adherence to codes of conduct</li> <li>• the responsibilities of the fully independent snooker coach when working with others, such as leaders, coaching assistants, officials and members of the WPBSA</li> <li>• the importance of being a role model</li> <li>• the snooker coaching process of plan-do-review</li> <li>• developing links with schools, community centres, third-sector clubs</li> <li>• developing women's snooker and disability snooker</li> </ul>

**Learning Outcome: 2. understand the responsibilities of the coach leading a lesson in snooker**

Assessment Criteria The learner can:	Indicative Delivery Content
2.1 describe the responsibilities related to rules and regulations	<ul style="list-style-type: none"> <li>• The overarching legal and sport-specific responsibilities</li> <li>• snooker’s organisational procedures, responsibilities and liabilities</li> <li>• the rules and regulations of snooker</li> <li>• the role of snooker officials and the positive promotion of these</li> </ul>
2.2 describe responsibilities related to duty of care	<ul style="list-style-type: none"> <li>• What constitutes acceptable relationships as a coach</li> <li>• the guidelines for safeguarding and protecting the following participant groups, adherence to these and maintaining confidentiality: young people and children, including signs and symptoms of abuse adults at risk participants who share protected characteristics</li> <li>• how to encourage and reward positive behaviour and to respond to discriminatory behaviour, behaving in a fair, consistent and ethical manner</li> <li>• managing information for and about all types of participants</li> </ul>
2.3 describe responsibilities related to safe coaching practice	<ul style="list-style-type: none"> <li>• How to set and agree ground rules</li> <li>• health and safety management, understanding how to: prepare the environment conduct a risk assessment minimise risk put contingency plans in place</li> <li>• emergency procedures; knowing how to follow: correct procedures for dealing with accidents, emergencies and incidents correct procedures for reporting issues</li> </ul>
2.4 describe responsibilities related to inclusive coaching practice	<ul style="list-style-type: none"> <li>• Inclusive delivery of coaching lessons and activities and where to gain information on this</li> <li>• how to communicate, deal with and meet the needs of a variety of participant types: disabled and non-disabled people children/youth/adults those who share protected characteristics</li> <li>• how to assist with meeting the needs of participants with protected characteristics</li> <li>• recognising that different participants learn in different ways</li> <li>• different backgrounds and stages of participant development can impact on age skill development emotional development.</li> </ul>



## Learning Outcome: 3. Understand participants and their development needs

Assessment Criteria The learner can:	Indicative Delivery Content
3.1 describe how to engage with and develop a range of participants	<ul style="list-style-type: none"> <li>• How to gather information about lifestyle, previous experience, and the needs of different participant groups</li> <li>• participants' motivations for taking part</li> <li>• the impact of the participants' background, stage of development and needs on:               <ul style="list-style-type: none"> <li>lesson management</li> <li>the different ways adults and children learn</li> <li>learning and the coaching environment (beginner vs experienced)</li> <li>training and competition                   <ul style="list-style-type: none"> <li>• how to cater for individual needs within group coaching</li> </ul> </li> </ul> </li> </ul>
3.2 describe the physical influences on participation	<ul style="list-style-type: none"> <li>• The physical capabilities required for the game of snooker</li> <li>• how to minimise the risk of injury and assist a participant returning from injury</li> <li>• the role of the coach in encouraging the pursuit of a healthy lifestyle, including an awareness of:               <ul style="list-style-type: none"> <li>hydration and nutrition</li> <li>social and performance-enhancing drugs                   <ul style="list-style-type: none"> <li>• how the physical capabilities of participants will influence the content and structure of the lesson</li> </ul> </li> </ul> </li> </ul>
3.3 describe the mental and social influences on participation	<ul style="list-style-type: none"> <li>• How the mental capabilities of participant(s) will influence the content and structure of the lesson</li> <li>• the key methods for improving participant(s)':               <ul style="list-style-type: none"> <li>connection</li> <li>confidence</li> <li>concentration</li> <li>motivation</li> <li>emotional control</li> <li>cohesion                   <ul style="list-style-type: none"> <li>• the concepts of:                       <ul style="list-style-type: none"> <li>skill coordination</li> <li>motor skill learning</li> <li>skill acquisition</li> <li>skill retention</li> <li>skill transfer                           <ul style="list-style-type: none"> <li>• the different stages of cognitive, emotional and social development</li> <li>• how to develop participants' mental/arithmetic skills in Snooker</li> <li>• how to develop participants socially:</li> </ul> </li> </ul> </li> </ul> </li> <li>building relationships and rapport with and between participants</li> <li>develop confidence</li> <li>self-esteem</li> </ul> </li> </ul>

<b>Unit Title</b>	Plan a series of coaching lessons in snooker
<b>Unit Aim</b>	This unit assesses a coach's ability to plan a series of Snooker coaching lessons to meet the needs of participants. The series of coaching lessons planned will be linked and progressive in nature in order to develop participants' performance within snooker.
<b>Unique Unit Number</b>	L/615/4756
<b>Unit Assessment Method(s)</b>	- Coursework - Practical Demonstration/Assignment
<b>Assessment Specification</b>	Learners are required to complete a series of assessed tasks within their learner portfolio. These are set by 1st4sport and assessed by their Assessor. The learner is required to plan two series of sessions, a minimum of 4 sessions in each series.

**Learning Outcome: 1. be able to plan a series of snooker coaching lessons**

<b>Assessment Criteria</b> The learner can:	<b>Indicative Delivery Content</b>
1.1 plan a series of progressive lessons	<ul style="list-style-type: none"> <li>Understand the principles of producing progressive lessons</li> <li>identify aims and objectives of the coaching programme, setting SMART/ tangible goals that have been agreed with participants</li> <li>using the initial assessment form appropriately</li> <li>plan a series of progressive lessons with goals that are linked, progressive and consistent with the overall aims of the coaching programme</li> <li>White-Black curriculum adopted by the WPBSA</li> </ul>
1.2 plan activities to meet the aims of the lessons	<ul style="list-style-type: none"> <li>Understand how individual coaching lessons support the aims of the coaching programme</li> <li>identify aims and objectives of lessons, setting SMART/ tangible goals that have been agreed with participants</li> <li>plan and prepare lessons that meet the needs of participants from different backgrounds and at different stages of development to include:                             <ul style="list-style-type: none"> <li>realistic timings</li> <li>sequences of activities</li> <li>intensity of activities</li> <li>duration of activities</li> <li>specific technical content within activities</li> <li>specific tactical content within activities</li> <li>contingencies</li> </ul> </li> </ul>

<b>Unit Title</b>	Deliver a series of coaching lessons in snooker
<b>Unit Aim</b>	This unit assesses a coach's ability to deliver a series of Snooker coaching lessons to meet the needs of participants. The series of coaching lessons delivered will be linked and progressive in nature in order to develop participants' performance within the snooker environment.
<b>Unique Unit Number</b>	R/615/4757
<b>Unit Assessment Method(s)</b>	- Coursework - Practical Demonstration/Assignment
<b>Assessment Specification</b>	Learners are required to complete a series of assessed tasks within their learner portfolio. These are set by 1st4sport and assessed by their Assessor. The learner is required to deliver two series of sessions, a minimum of 4 in each series.

Learning Outcome: 1. be able to deliver a series of snooker coaching lessons	
Assessment Criteria The learner can:	Indicative Delivery Content
1.1 establish a safe coaching environment	<ul style="list-style-type: none"> <li>Conduct a risk assessment, minimising any identified risks</li> <li>organise the setting up of equipment required for the lesson</li> </ul>
1.2 prepare the participants for the coaching lessons	<ul style="list-style-type: none"> <li>Apply the principles of good practice for starting coaching lessons</li> <li>provide information to participants on the aims and objectives of lessons, agreeing these with participants</li> <li>understand physical preparation and how to deliver warm-ups</li> </ul>
1.3 deliver a series of coaching lessons in line with guidelines	<ul style="list-style-type: none"> <li>Incorporate a variety of coaching styles and techniques in delivery to incorporate:               <ul style="list-style-type: none"> <li>listening to participants</li> <li>motivating participants</li> <li>learning styles of participants (visual, auditory, kinaesthetic)</li> <li>differentiation between participants                   <ul style="list-style-type: none"> <li>cater to a variety of learning styles; balancing instruction, facilitation, demonstration, questions and answers</li> <li>ensure there is a balance of activities; realistic timings, sequences, intensity and duration of activities within the lesson</li> <li>identify participants' needs and modify lesson plan(s) to meet participants' changing needs</li> <li>use of the White-Black system created by the WPBSA</li> </ul> </li> </ul> </li> </ul>

<p>1.4 develop technical and tactical aspects through the provision of explanations and demonstrations of activities</p>	<ul style="list-style-type: none"> <li>• Know how and when to apply appropriate communication methods in the provision of technical guidance</li> <li>• use the principles of skill development in their coaching, selecting correct techniques to developing participants' skills</li> <li>• understand different types of demonstration</li> <li>• provide technical and tactical demonstrations and explanations that are correct</li> <li>• identify and utilise sport or physical activity specific rules and codes</li> <li>• prepare participants for competition.</li> </ul>
<p>1.5 analyse and provide feedback on participants' performance</p>	<ul style="list-style-type: none"> <li>• Understand the principles of analysing participants' performance</li> <li>• observe participants', analyse performance and provide constructive feedback</li> <li>• communicate effectively with participants and show listening skills</li> <li>• support participant(s) in taking responsibility for their own learning</li> </ul>
<p>1.6 ensure participants' safety is maintained</p>	<ul style="list-style-type: none"> <li>• Manage coaching activities and adapt to maintain safety as required</li> <li>• manage safe use of equipment during the lesson</li> <li>• manage behaviours by being: positive and challenging encouraging and motivating</li> </ul>
<p>1.7 conclude the lesson</p>	<ul style="list-style-type: none"> <li>• Summarise lesson outcomes, providing feedback to participants</li> <li>• organise the taking down and storage of equipment used during the lesson</li> <li>• offer information to participants after coaching lessons</li> </ul>

Unit Title	Technical coaching requirements for snooker coaches
Unit Aim	This unit aims to develop the coach's knowledge of the technical coaching requirements for snooker, including how to coach basic skills and the use of various pieces of equipment.
Unique Unit Number	D/615/4759
Unit Assessment Method(s)	<ul style="list-style-type: none"> <li>- Coursework</li> <li>- Practical Demonstration/Assignment</li> </ul>
Assessment Specification	Learners are required to complete a series of assessed tasks within their learner portfolio; this will involve the delivery of linked and progressive lessons to two separate participants. The learner will also be required to deliver 40 minutes of a coaching session on-course. These tasks are set by 1st4sport within the learner portfolio.

**Learning Outcome: 1. be able to demonstrate understanding of various pieces of equipment used within the game**

Assessment Criteria The learner can:	Indicative Delivery Content
1.1 identify when to use various pieces of equipment and the benefits of each piece	When to use the following: <ul style="list-style-type: none"> <li>• cue and its extensions</li> <li>• chalk</li> <li>• rest</li> <li>• spider</li> <li>• swan neck</li> <li>• extended rest</li> <li>• extended spider</li> </ul>
1.2 use various pieces of equipment	<ul style="list-style-type: none"> <li>• Cue and its extensions</li> <li>• chalk</li> <li>• rest</li> <li>• spider</li> <li>• swan neck</li> <li>• extended rest</li> <li>• extended spider</li> <li>• the requirements for the snooker table</li> <li>• cleaning the table and re-tipping the cue</li> <li>• the iron and how to use it</li> </ul>
1.3 demonstrate appropriate standing positions	<ul style="list-style-type: none"> <li>• Deciding what shot to play, and how</li> <li>• knowing how to stand in a comfortable position with shoulders, hips and feet square to the line of aim</li> </ul>
1.4 demonstrate how a player would walk-in	<ul style="list-style-type: none"> <li>• How to place the preferred foot on the line of the shot</li> <li>• how to form a bridge</li> <li>• preparing to strike</li> <li>• the pause</li> </ul>
1.5 demonstrate how to sight correctly	
1.6 demonstrate how to prepare for and perform a shot	<ul style="list-style-type: none"> <li>• The delivery</li> <li>• the stance</li> <li>• the bridge</li> <li>• sighting</li> <li>• the snooker</li> <li>• positioning</li> <li>• spin</li> </ul>

### Learning Outcome: 2. know how to make minor corrections to a player's game

Assessment Criteria	Indicative Delivery Content
The learner can:	
2.1 demonstrate how to correct a player's position	<ul style="list-style-type: none"> <li>• The delivery</li> <li>• the stance</li> <li>• the drill</li> <li>• the bridge</li> <li>• sighting (including how to accommodate learners with sighting disabilities)</li> </ul>
2.2 demonstrate how to correct a player's action	<ul style="list-style-type: none"> <li>• Role and relationship</li> <li>• motivating the player</li> <li>• knowing when to correct, and when to stop</li> <li>• imitation and simulation</li> <li>• the snooker</li> <li>• positioning</li> <li>• spin</li> </ul>

### Learning Outcome: 3. be able to deliver snooker coaching lessons using the white-black coaching programme

Assessment Criteria	Indicative Delivery Content
The learner can:	
3.1 demonstrate evidence of improved performance using the white-black coaching programme	<ul style="list-style-type: none"> <li>• Learner is to apply the national governing body's model for coaching to their coaching lessons.</li> </ul>

## Qualification Conditions: Delivery and assessment requirements

To complete the delivery, assessment, and internal quality assurance of the qualification, providers will be required to adhere to the guidance set out in the Recognised Centre Handbook.

## Qualification Approval Conditions: Workforce requirements

In addition to the workforce requirements stated in the Recognised Centre Handbook, the following qualification specific requirements must be met and evidenced.

### Tutor(s):

For this qualification, the minimum requirements stated in the centre handbook apply in addition to any further qualification specific requirements stated below

#### Tutors

The recognised centre is required to recruit and deploy appropriate Tutors. Tutors involved in the delivery and of the qualification must:

- be licensed by the WPBSA
- hold or be working towards a suitable teaching qualification or have NGB approved evidence of relevant and recent experience tutoring snooker;
- hold a Level 2 coaching snooker qualification the WPBSA World Snooker Coach, Grade A or equivalent experience, as recognised by the WPBSA

Support Tutors – who may be employed to demonstrate sport specific skills – can be deployed in the delivery of this qualification. However, they should only be used to support delivery, and will not be allowed to deliver aspects of this qualification without appropriate tutor supervision.

### Assessor(s):

- have attended an orientation for the Level 2 Coach Parker

### Internal Verifier(s) and Quality Assurer(s):

For this qualification, the minimum requirements stated in the centre handbook apply in addition to any further qualification specific requirements stated below

The recognised centre is required to recruit and deploy approved internal quality assurers who are responsible for the internal quality assurance activities. Internal quality assurers are required to:

- be licensed by the WPBSA
- hold a Level 2 coaching snooker qualification the WPBSA World Snooker Coach, Grade A or equivalent experience, as recognised by the WPBSA
- hold or be working towards a suitable IV/IQA qualification or complete a WPBSA IQA training programme



## Additional Qualification Requirements

The minimum venue, facility and requirements stated in the centre handbook apply.

All training and assessment sites must include the following facilities:

- An indoor theory space suitable for learning, which includes appropriate seating
- A space for delivery of practical sessions

The environment must be conducive to learning with lighting and temperature levels appropriate to the learner needs. The space surrounding the playing area must be safe and free of obstructions.

The centre is required to have equipment in place to facilitate the full programme of learning and assessment which must include:

- Four high quality snooker tables of full size, which are well maintained (or one table per three learners)
- Sufficient desk/table space and chairs for each learner
- Clear wall or screen for projection
- Projector or connection to screen
- Cues, chalk, balls, etc (general equipment required to play snooker adequately)

This qualification is regulated by Ofqual (603/1047/9) and QiW (C00/1303/5 - Regulated). This product is mapped against the Coach (Occupation) Professional Standards as a CIMSPA Professional Standards Endorsed Qualification

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